

CONFERENCE ENROLLMENT
4th Annual Smoky Mountain Nursing Conference
Conference June 15-18, 2009
 Approved American Association of Nurse
 Anesthetists Code # 31236 20 CEC

Healthy Visions is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Code # 5-133-609

Registration Fee \$300.00 Early Bird After April 15, 2009 \$350.00	Register online at www.eslinger.net Toll Free 866-312-3159 Fax 865-220-0270 Mail to: 800 Oak Ridge Turnpike Suite A-208 Oak Ridge, TN 37830
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PLEASE TYPE OR PRINT:

Name and Credentials _____
 On Certificate _____

Address: _____

City: _____ St: _____ Zip: _____

RN/LPN # _____ AANA# _____


(W) Phone: _____ (H) Phone: _____

EMAIL _____

Circle Type: Check Visa MC AMEX Discover

Credit Card Number: _____ ExpirationDate: _____

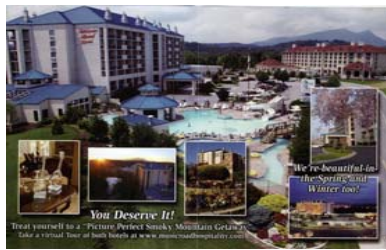
Signature _____

REGISTRATION:	ACCOMODATIONS:
Mail to: Healthy Visions 800 Oak Ridge Turnpike, Suite A-208, Oak Ridge, TN 37830  FAX: 865-220-0270 Call: Toll Free 1-866-312-3159 Email: ron@eslinger.net Web: www.eslinger.net REGISTRANTS WILL RECEIVE A CONFIRMATION BY MAIL OR EMAIL. IF YOU DO NOT RECEIVE A CONFIRMATION PLEASE CONTACT US.	A block of rooms are set aside at the Music Road Hotel/Inn and Convention Center Please contact the Music Road Hotel / Inn directly for reservations and tell them you are with the Smoky Mountain Nurse Conference. There are a limited number of rooms available so make your reservations early.
FEEES:	SPECIAL TOURS:
Include course materials, refreshments, continental breakfast, and contact hours as stated.	Organized packages for White Water Rafting, shows, golf and Harrah's Casino
LOCATION:	TRANSPORTATION:
The conference will be held at the Music Road Inn/Hotel, Pigeon Forge, TN	An area map will be mailed with your confirmation or you can visit our web site for directions. Knoxville, Tennessee is the closest airport (airport code TYS). Car rental is available through Alamo, Avis, Budget, Enterprise, Hertz, National and Thrifty.
AREA INFORMATION:	ACCREDITATION AND APPROVAL:
Nestled in the Great Smoky Mountains, in the center of Pigeon Forge, just one quiet block from the Parkway within minutes of Dollywood, hundreds of great outlet shops, golf and the Great Smoky Mountains National Park. There are fourteen great restaurants within 1.5 miles and the City of Pigeon Forge trolley picks up passengers in front of the Inn. Something for every one. Organized packages for White Water Rafting, shows, golf and Harrah's Casino available.	This offering is approved by the AANA Code # 31236 20 CE Credits ANCC Code # 5-133-609, 20 CE Credits , 6 CEs Pharmacology
REFUND POLICY:	Refunds must be requested in writing and will be granted as follows: Before June 10, 2009 full refund minus a \$25.00 processing fee. If received after June 9, 2009 there is no refund. <i>Special Circumstances will be considered for refund.</i>



Healthy Visions Wellness Center
 800 Oak Ridge Turnpike, A-208
 Oak Ridge, TN 37830





Register at either the
Music Road Inn
 314 Henderson Chapel Road
 Pigeon Forge, Tennessee 37863
 Tel (866) 429-8803
 www.musicroadinn.com

OR
Music Road Hotel
 303 Henderson Chapel Road
 Pigeon Forge, Tennessee 37863
 Tel (800) 429-7700
 www.musicroadhotel.com

Other Area Hotels:
 Holiday Inn Express Hotel and Suites
 308 Henderson Chapel Rd
 865-428-8600
 Limited number of rooms available

Motel 6
 336 Henderson Chapel Rd
 865-908-1244

Directions to Music Road Inn or Hotel

From I-40 West or I-40 East.
 Take exit 407 and turn South onto Hwy 66 (Winfield Dunn Parkway) towards Sevierville, Pigeon Forge and Gatlinburg. Continue South on Hwy 66 for approximately 12.5 miles until you come to Traffic Light #1 in Pigeon Forge (you will pass the upside down building, WonderWorks, on your right at Traffic Light # 0). Continue to Traffic Light # 1 and turn right onto Henderson Chapel Road. The Music Road Hotel is located at 303 Henderson Chapel Road approximately 100 yds. on the right.

From Pigeon Forge
 Travel North on the Parkway (towards descending traffic light numbers) until you get to Traffic Light #1 and turn left onto Henderson Chapel Road (Ruby Tuesday's in on the left corner) The Music Road Hotel is located at 303 Henderson Chapel Road approximately 100 yds on the right.

From Airport
 Start out going Southwest. Turn Left. Merge onto US-129 N/ TN-115 N toward Knoxville/Oak Ridge. Take the West Governor John Sevier Hwy / TN-168 ramp. Turn slight right onto W Governor John Sevier Hwy/TN-168. Merge onto US-441 S/ TN-71 via the ramp on left. Turn Right to Forks of the River Pkwy/US-441/TN-71 Chapman Hwy SE. Turn Right onto Parkway/US-441S/TN-71/Chapman Hwy E. Turn Right onto Henderson Chapel Rd. Hotel/Inn on Left and Right

OFFERING PACKAGES TO

WHITE WATER RAFTING

HARRAHS CASINO NIGHT

DINNER AT THE AQUARIUM

NIGHT

DOLLYWOOD

SPLASH COUNTRY

GOLF

SHOPPING

AND MORE

Make This Your Vacation!

Dollywood

Gatlinburg

White Water Rafting

WonderWorks
Stay and Play

Upcoming Events:

- March 23-27, 2009** - Hypnosis Training Basic and Intermediate - Oak Ridge, TN - 40 CEs
- April 19-25, 2009** - Advanced Hypnosis Certification Class - Oak Ridge, TN - 52 CEs
- May 1, 2009** - Moderate Sedation Certification - Oak Ridge, TN - 8 CEs
- September 13-19, 2009** - Advanced Hypnosis Certification Class - Oak Ridge, TN - 52 CEs
- October 30, 2009** - Moderate Sedation Certification - Oak Ridge, TN - 8 CEs
- November 2-6, 2009** - Hypnosis Training Basic and Intermediate - Oak Ridge, TN - 40 CEs

4TH ANNUAL SMOKY MOUNTAIN NURSING CONFERENCE
PROGRAM AGENDA

Monday, June 15, 2009, Day 1
Ron Eslinger, RN, CRNA, MA, FNCH
 7:30-7:50: Sign In
 7:50-8:00: Remarks

8:00-9:00: How to Hypnotize Yourself and Others Part 1
 Introduction to Hypnosis
 9:00-9:05 Break 5"
 9:05 – 10:05: How to Hypnotize Yourself and Others Part 2
 Your Opportunity to Experience Hypnosis
 10:05-10:15 Break 10"
 10:15– 11:15: How to Hypnotize Yourself and Others Part 3
 Induction, Deepening, Utilization, Emergence
 Practice Self Hypnosis
 11:15-11:45 Break 30" (Exhibitors)
 11:45 - 12:45: How to Hypnotize Yourself and Others Part 4
 Opportunity to Hypnotize a Classmate
 12:45-1:00 Break 15" (Exhibitors)
 1:00—2:00: How to Hypnotize Yourself and Others Part 5
 Uses of Hypnosis Forum with Demonstration
 2:00 Adjourn

Tuesday, June 16, 2009, Day 2
Ron Eslinger, RN, CRNA, APN
 7:30 – 7:50: Sign In
 7:50 – 8:00: Remarks

8:00 – 9:00: Hospital Hypnosis, Why and How
 9:00 - 9:05 Break 5"
 9:05 – 10:05: Preparing Patients for Surgery: Evidence Based Research
 10:05—10:15 Break 10"
 10:15– 11:15: Hypnosis During Anesthesia and Surgery
 11:15—11:45 Break 30" (Exhibitors)
 11:45 - 12:45: Hypnosis in the PACU, ER and CCU
 12:45-1:00 Break 15" (Exhibitors)
 1:00—2:00: Nursing and Hypnosis: The Perfect Combination
 Toxic Tongues Equal Toxic Out Comes
 2:00: Adjourn

Wednesday, June 17, 2009, Day 3
Suzanne Brown, CRNA, CH
 7:30-7:50: Sign In
 7:50-8:00: Remarks

8:00-9:00: Medical Volunteering A Primer
 9:00-9:05 Break 5"
 9:05 – 10:05: Cambodia - Health Volunteer Overseas
 10:05-10:15: Break 10"
 10:15– 11:15: A Selected History of Anesthesia and Medicine
 11:15-11:45: Break 30" (Exhibitors)
 11:45 - 12:45: Airway Management
 12:45-1:00: Break 15" (Exhibitors)
 1:00—2:00: Conscious Sedation: The Art
 2:00 Adjourn

Thursday, June 18, 2009, Day 4
Ron Eslinger, RN, CRNA, APN

7:30-7:50: Sign In
 7:50-8:00: Remarks

8:00 – 9:00: Administration of Moderate Sedation—Scope and Standards of Practice
 9:00 - 9:05 Break 5"
 9:05 – 10:05: Legal & Controversial Issues and Meds
 10:05—10:15 Break 10"
 10:15– 11:15: Recommended Practices
 11:15—11:45 Break 30" (Exhibitors)
 11:45 - 12:45: Nurses Administering Propofol Sedation (NAPS) and Computer Assisted Propofol Sedation (CAPS)
 12:45-1:00 Break 15" (Exhibitors)
 1:00—2:00: Dealing With Complications
 2:00: Adjourn

Awarding of Certificates

Conference Objectives

At the conclusion of this conference participants will be able to:

- List the six stages of hypnosis.
- Review research of hypnosis in anesthesia.
- Describe the outcomes of hypnosis as an adjunct to surgery.
- List the undesirable outcomes of stress prior to surgery
- List the benefits of hypnosis for pain management
- Practice self-hypnosis
- List the glands of the Limbic System
- Describe how hypnosis affects the Limbic System
- Explain the history of hypnosis in anesthesia and surgery.
- List the words that enhance a positive outcome in ER, OR, PACU
- Experience hypnosis
- Learn the importance of suggestion during anesthesia.
- Outline the differences between a service and a teaching mission
- Find information about specific mission trips
- Define the basic considerations for taking supplies overseas
- Define the issues of cultural shock that a new volunteer faces
- List some of the major points in the history of medicine
- Learn the history of hypnosis with children.
- Describe the materials used for early hip replacements
- Describe the signs of a possible difficult airway
- Review techniques for dealing with the difficult airway
- Describe signs and symptoms of partial and complete airway obstruction.
- Discuss the differences between minimal sedation, moderate sedation, deep sedation, and general anesthesia
- State 4 objectives/goals of sedation.
- Identify your institution's policy regarding care of the patient undergoing sedation.
- Demonstrate care for the patient during pre-procedure, intra-procedure, and post-procedure phases of sedation.
- Discuss antidotes (dosage, side effects, indications) for commonly used drugs with age-specific
- List the drugs, routes, and dosages for the drugs commonly used in moderate sedation.
- Describe the controversies of using Propofol & Ketamine
- Document clearly, completely, and according to established standards, policies and instructions.
- Administer moderate sedation safely.

WHO SHOULD ATTEND?

Nurse Anesthetists • Operating Room Nurses • Post-Anesthesia Nurses • Nursing Instructors • Nursing Managers • Critical Care Nurses • Interested Physicians • O.R. Technicians • Psychologists • Dentists • Any Interested Health Care Worker

See What Past Attendees Had to Say...

- WOW! It is not often that I find a conference that keeps my total attention from start to finish.
- I came to this conference as a skeptic. But I really enjoyed it and I look forward to using what I learned in my practice. —Cynthia Johnson
- Very good adjunct to my anesthesia practice. Practical clinical techniques described – was relaxing and informative. Learned wonderful innovative techniques to add to my practice. - Denise Brown
- A great personal and professional learning experience! Truly a working vacation...knowledge and pleasure.
- This was a wonderful experience It will change my anesthesia practice (improvement) & help improve the lives of my family & friends. Thank you. - Norma Nixon

MEET THE FACULTY:

Suzanne T. Brown, CH, BSN, CRNA,
 Clinical Coordinator, Lead CRNA, Kaiser Permanente, Portland, OR. Steering Committee Chairman Nurse Anesthesia Health Volunteers Overseas. She has been instrumental as the Pain Clinic hypnotist. She is an internationally renowned speaker who has presented for the American Association of Nurse Anesthetists many times. Her overseas volunteer work has made her a household name in that arena.

Ron Eslinger, RN, CRNA, MA, APN, BCH, CMI, FNCH
 Captain, United States Navy, Retired—Owner Healthy Visions Wellness Center, Oak Ridge, TN. Past President, Virginia Association of Nurse Anesthetists. Voted best presenter National Guild of Hypnotists. Internationally recognized speaker and author. Ron is an internationally renowned lecturer and teacher to Nursing, Anesthesia, Medical and Hypnosis Organizations. He writes a monthly article on wellness for the Anderson County Visions Magazine and is published in a number of professional journals, books, CDs and DVDs.

CONCURRENT SESSION

We are proud to offer as a Concurrent Workshop
HypnoBirthing® Practitioner Certification

Available to Doctors, Doulas, Midwives, Nurses, Nurse Practitioners, Physicians Assistants, Healthcare Providers, Childbirth Educators, Hypnotherapists, Yoga Instructors, Message Therapists, and all others with an interest in maternal health and birthing.

This training is approved for 30 CEs. 9:00am-5:00pm
 Monday -Thursday, June 15– 18, 2009

Taught by:



Founder of HypnoBirthing®

Marie Mongan, M.Ed., M.Hy., of Chichester, New Hampshire, is an award-winning hypnotherapist, who brings to her classroom over thirty years' experience in education and counseling on the college level and in the private sector.

She is a former college dean who, early in her career, was named one of five outstanding educational leaders in New Hampshire and was awarded a Ford Foundation Fellowship to Harvard University.

For more information or to register go to:

www.healthyvisions.net
 Click on Hypnosis Training—HypnoBirthing